

# World Peace

Volume - 34 (Lesson - 23)

(The contents of this booklet have been taken out from the newly prepared Text Book titled "Life Building Science" on a newly conceived and designed subject of "Value Education for Life Building and Successful Living" for study by our modern students)

Mohan Lal Agrawal

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Author : Mohan Lal Agrawal  
Publisher : Mohan Lal Agrawal  
At.-Kansari Para  
P.O/Dist.- Bolangir  
(Odisha), PIN - 767001  
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This booklet is meant for free distribution amongst our dear modern students, with a fervent prayer to them to kindly study the booklet earnestly and meticulously, put the knowledge gained from the teachings contained in the book into practice in their day-to-day lives sincerely and diligently, and thereby, derive immense benefits for themselves throughout their lives. This is in their own interest and for their highest welfare and supreme good.

They are also requested to kindly bring this booklet to the knowledge of maximum number of their classmates and friends so that they also can derive similar benefits for themselves.

Views of Students; Teachers and Professors; School, College and University Authorities; Educationists and Academicians; Parents and Guardians and all other Readers, on this booklet are humbly and earnestly invited in the following address:-

MOHAN LAL AGRAWAL, AT: - KANSARI PARA,  
P.O/DIST: - BOLANGIR (ODISHA), PIN - 767 001.

## PRAYERS

धीयो यो नः प्रचोदयात्

May That Supreme Being impel our intellect  
towards the right path.

असतो मा सद्गमय ।  
तमसो मा ज्योतिर्गमय ।  
मृत्योर्मा अमृतं गमय ॥

Lead us from unreal unto Real,  
Lead us from darkness unto Light,  
Lead us from death unto Immortality.

आ नो भद्राः क्रतवो यन्तु विश्वतः

Let noble thoughts come to us from all sides.

सा विद्या या विमुक्तये

Knowledge is that which liberates.

उत्तिष्ठत जाग्रत प्राप्य वरान्निबोधत ।

Arise ! Awake ! Having reached the  
great (teacher), learn (realise that Atman).

अज्ञानतिमिरान्धस्य ज्ञानाञ्जनशलाकया ।  
चक्षुरुन्मीलितं येन तस्मै श्रीगुरवे नमः ॥

I prostrate to that Sadguru, Who opens, with the  
Collyrium-stick of Knowledge, the eyes of him who  
is rendered blind by the darkness of ignorance.

ॐ सह नाववतु । सह नौ भुनक्तु ।  
सह वीर्यं करवावहै । तेजस्विनावधीतमस्तु मा विद्विषावहै ॥  
ॐ शान्तिः शान्तिः शान्तिः ।

May He (The Supreme Being) protect us both (the teacher  
and the taught). May He cause us both to enjoy the bliss of  
Mukti (liberation). May we both exert to find out the true  
meaning of the scriptures. May our studies be fruitful.

May we never quarrel with each other.

वसुधैव कुटुम्बकम्

The whole universe is one family.

ॐ सर्वेषां स्वस्ति भवतु । सर्वेषां शान्तिर्भवतु ।

सर्वेषां पुर्णं भवतु । सर्वेषां मङ्गलं भवतु ॥

May asupiciousness be unto all,

May peace be unto all,

May fullness be unto all,

May prosperity be unto all.

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।

सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभागभवेत् ॥

May all be happy,

May all be free from disabilities,

May all behold what is auspiciousness,

May none suffer from sorrows.

लोका समस्ता सुखिनो भवन्तु ।

May Happiness be unto all Beings.

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते ।

पूर्णस्य पूर्णमादाय पुर्णमेवावशिष्यते ॥

Om ! That (Brahman) is full. This (Universe) is Full.

From That (Brahman) Full, this (Universe) Full has come.

When this (Universe) full is taken from That (Brahman) full,

It (Brahman) always remains Full.

Peace be to the East ! Peace be to the West !

Peace be to the North ! Peace be to the South !

Peace be above ! Peace be below !

Peace be to all creatures of this universe !!

ॐ शान्तिः शान्तिः शान्तिः ।

Om ! Peace, Peace, Peace.

# **Life Building Science**

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## **Lesson No. - 23**

### **World Peace**

The twentythird lesson is "**World Peace**".

We build our life properly and strongly and live the same ideally and successfully. Thereby, we derive immense benefits for ourselves. Simultaneous with our ideal and successful living, we discharge our family duties and responsibilities and contribute to the growth, development, welfare and benefit of the members of our families, because we have blood-relations, natural personal bond and self-interest in them. Thereby, our family members also derive great benefits from us.

This is for the personal benefits of ourselves and our family members.

We are also members of our society and citizens of our nation and of the world. As such, we need to have our interest in them also. Therefore, we need to discharge our social, national and global duties and responsibilities and make our contributions towards the safety and welfare of our society, our nation and the world. Thereby, our brethren in our society, our nation and our world will also derive great benefits from us.

Our contemporary modern society, our nation and our world are facing some major problems. One such major problem is lack of peace in the world. We, therefore, need to contribute in this area as part of our social, national and global duties. Let us discuss briefly about the same.

In this modern time, there is no peace in the world. There is dearth of basic necessities of life such as food, clothings, houses, medicines, education, etc. in some poor countries, while in other developed and developing countries, there are quarrels, fights, wars, killings and restlessness amongst people amidst abundant material prosperity. Selfishness, jealousy, greed, pride, egoism, hatred, violence, fightings, quarrels, killings, etc. prevail

everywhere. Greed of nations for authority, post, power, wealth, geographical areas, etc. has been leading to discontentment, quarrels, killings and wars amongst countries. Terrorism has spreaded to many countries and it is the greatest threat to peaceful human existence in the entire globe upon the earth plane. There is no peace in the world.

The world has experienced two great and devastating world wars. It has been facing cold wars, proxy wars and several other kinds of wars and crises. Third world war seems imminent. Therefore, there is greater cry for peace everywhere in the world. Countries hold peace talks, enter into pacts, agreements and treaties. Thereby, peace is achieved. But, as our *Rishis*, *Munis*, Saints and Sages say, peace acquired through these finite means lasts for temporary period only and it soon gets lost. Threats for wars recur with double force. We have been seeing this phenomenon and suffering a lot in our day-to-day life. They further say that "Lasting Peace" has not been achieved despite applying so much of human intelligence, skill, excellence and expertise. And there has been huge cry for "Lasting Peace". But the real means to achieve "Lasting Peace" is not known to many of us.

Our *Rishis*, *Munis*, Saints and Sages say that lack of peace in the world is caused due to selfishness, greed, pride, egoism, hatred, etc. and these are born of "Ignorance", i.e. ignorance about "The Real Goal of Human Life", ignorance about "Oneness of all Human Beings of the World", ignorance about "Spiritual Living" by individual persons of all countries of the world, etc. They further say that such ignorance in the minds of the people of the world can be removed through imparting of "Real Education", i.e. (i) by acquiring "Spiritual Knowledge", i.e. knowledge of the "The Supreme Goal of Human Life", i. e. Self-realisation" and "The Means to achieve the same", i.e. "Ways of Practical Spiritual Living"; and thereafter, (ii) by practical

"Spiritual Living". Therefore, they exhort for imparting of spiritual education and for living of spiritual life by all individual persons of all countries of the whole world.

Living of spiritual life by individual persons will result in deriving peace in their respective personal lives. And peace in the personal lives of all individual persons of the whole world will instantly result in peace in the world, because the world consists of countries and countries consist of individuals. Therefore, all individual persons of the whole world need to live the spiritual life. Peace in the personal lives of the people and in the world will also provide conducive circumstances for achieving economic development and material prosperity in the personal lives of the people, in the society, in the nation and everywhere in the world.

Our *Rishis*, *Munis*, Saints and Sages further exhort, inter alia, that all individual persons ought to meditate daily for some time, say about ten minutes, and also pray to the Almighty Supreme Lord, for maintenance and prevalence of peace in the whole world, because the strength and power of thought created in their minds during such meditation, and the effect / power of their prayer will contribute greatly in restoring and maintaining peace in the world.

For acquiring detailed/further knowledge on this topic, students can study (i) "Spiritual Literature", i.e. standard works like *Vedas*, *Upanishads*, *Bhagavad Gita*, *Patanjali Yoga Sutras*, *Manu Smriti*, *Mahabharata*, *Ramayana*, *Granth Sahib*, *Koran*, *Bible*, *Zend-Avesta* and other Holy Spiritual Scriptures of various religions, (ii) Spiritual books written by great, spiritually illumined, God-realised *Rishis*, *Munis*, Saints, Sages and Prophets, as well as (iii) the Book "Youth ! Arise, Awake and Adopt the Right Path of Life" written by two such great saints, viz. Swami Sivananda Saraswati and Swami Chidananda Saraswati, in lesson no. 24 on "Unity of Religions", volume no. 15.



### **Questions - 1**

1. What is the present condition of the world ? (Marks - 5)
2. Why is there greater cry for peace everywhere in the world ?  
(Marks - 5)
3. Why is there no lasting peace in the world in spite of countries holding talks on peace and entering into pacts, agreements, treaties, etc. ? (Marks - 5)
4. Why is the cause, as stated by our Saints and Sages, for lack of peace in the world ? (Marks - 5)
5. In what ways the cause for lack of peace in the world, as stated by our Saints and Sages, be removed ? (Marks - 5)
6. In what way can imparting of Spiritual Education lead to peace in the world? (Marks - 5)
7. How will practical living of spiritual life by individual persons result in peace in the world? (Marks - 5)
8. What are the benefits of peace in the personal lives of the people and peace in the world ? (Marks - 5)
9. Why should all individual persons, as exhorted by our Saints and Sages, ought to meditate daily for some time, say about ten minutes, and also pray to the Almighty Supreme Lord, for maintenance of peace in the whole world ? (Marks - 5)

### **Questions - 2**

1. How will peace in the personal lives of the people and peace in the world contribute towards achieving economic development and material prosperity in the personal lives of the people, in the society, in the nation and everywhere in the world ? (Marks - 5)

Dear Modern Students !

You can study the soft copy of other write-ups and all other lessons on the subject of "Life-building, Character-building and Man-making Education", which are contained in the newly conceived, designed and prepared Text Book titled "Life Building Science", in the Internet Archive.

You can do so by accessing internet through any browser, logging in <archive.org>, clicking - <Advance Search> (A box of fields will appear on the screen), typing <Mohan Lal Agrawal> in the field "Creator" and clicking <Search>. The above books in PDF format will be displayed.

## **List of Complete Publications and Videos of the Author**

### **A. Publications**

#### **Students related publications**

1. Youth ! Arise, Awake and Adopt the Right Path of Life (16 volumes)
2. Value Education for Life building and Successful Living
3. Life Building Science (Text Book)
4. Valedictory Address to Modern Students
5. Students' Awareness Programme
6. Noble Character, Ethical Conduct and Celibacy

#### **Teachers related publications**

1. Teaching Profession - Its True Dimensions
2. Teachers' Orientation Programme

#### **Other publications**

1. God's Unique Gifts to Modern Mankind - Swami Sivananda and Sivananda Literature (02 volumes)
2. Lead us from darkness unto Light (02 volumes)

The soft copies of all the above books are available in the "Internet Archive" and can be searched / accessed as under:-

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- Click <Search>. The above books will be displayed.

### **B. Videos**

Students, as well as Teachers, Parents and Guardians can watch one 04 Days Students' Awareness Programmes on "Value Education for Life Building and Successful Living", with

one Teachers' Orientation Session, organised at IDM Public School, Bolangir, Odisha during 2019, by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- [https://www.youtube.com/channel/UCRKu88g4\\_8o5OiigWI0owZQ](https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ)).

Students, as well as Teachers, Parents and Guardians can watch the Certificate Course on "Life Building and Successful Living", with one Teachers' Orientation Session, organised at IDM Public School, Bolangir, Odisha during 2019, by accessing and subscribing YouTube Channel with the name <Life Building Science>, (Link:-[https://www.youtube.com/channel/UC\\_engDsJG4yfEEM6e9UQuEA](https://www.youtube.com/channel/UC_engDsJG4yfEEM6e9UQuEA)); and also in the aforesaid Internet Archive.

In case one "01 Day Students' Awareness Programme", with the write-ups of the book titled “Students’ Awareness Programme”, is organised in future in some school, our revered Students and our revered Heads of Schools, Colleges and Universities can watch its video recording, with the episodes commencing with the name "ODSAP", by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- [https://www.youtube.com/channel/UCRKu88g4\\_8o5OiigWI0owZQ](https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ)).

In case one "01 Day Teachers' Orientation Programme", with the write-ups of the book titled "Teachers' Orientation Programme", is organised in future in some school, our revered Teachers and our revered Heads of Schools, Colleges and Universities can watch its video recording, with the episodes commencing with the name "TOP", by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- [https://www.youtube.com/channel/UCRKu88g4\\_8o5OiigWI0owZQ](https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ)).